

QPR

A TRAINING IN SUICIDE
PREVENTION

QUESTION

PERSUADE

REFER

A FREE suicide prevention training is being offered at Redmond High for parents and guardians. QPR teaches participants how to:

- recognize the warning signs of suicide
- question someone about potential suicidal thoughts
- persuade them to seek help
- refer them for professional assistance

Two training times are available:

Tuesday 2/27 9-10:30 am

Tuesday 2/27 6-7:30 pm

Trainings are located in the Redmond High School Library.
Spanish translation will be available.

To sign up, please call Tiffany Whitehurst at (541) 923-4800 x1703.



This training is provided by
Redmond High School and Deschutes County.
To request this information in an alternate format please call
(541) 322-7456 or send an email to kelby.christ@deschutes.org.

